



MELTDOWN HARDCORE

Package Insert

- 1. Scheduling status:** SO
- 2. Proprietary name and dosage form:**
PSNLifestyle MELTDOWN HARDCORE 60 capsules
- 3. Composition:**
Each serving (1 capsule) contains:

MELTDOWN MATRIX	690mg
2-Aminoisoheptane (DMHA), Caffeine Anhydrous, White Willow Bark, Cinnamon extract	
Yohimbine bark extract	4mg
Piperine 95%	5mg

OTHER INGREDIENTS: gelatin and purified water
- 4. Pharmacological classification:**
Dietary supplement for weight loss support.
- 5. Pharmacological action:**
Dietary support for improved metabolism, energy and lean physique.
- 6. Indication:**
This product is indicated for obesity and slow metabolism.
- 7. Contraindications:**
Do not use this product if you have:
 - Impaired kidney or liver function
 - Bleeding disorders
 - Anxiety, bipolar or psychotic disorders
 - Heart disease
 - High risk for stroke
 - Epilepsy or other seizure disorders
 - Diabetes
 - Overactive thyroid or Grave's disease
 - High brain pressure
 - Glaucoma
 - High or low blood pressure
 - Irritable bowel syndrome
 - Osteoporosis
 - Herpes
 - Inflammation of the sexual organs or prostate gland
- 8. Caution:**
 - This product contains caffeine. Do not use under extreme conditions of heat, sleep deprivation, extreme cardiovascular exertion or dehydration.
 - Do not use if you are under the age of 18 years old, pregnant or nursing.
 - Consult with your doctor before using this product if you are taking any prescription or non-prescription drugs or have any other pre-existing medical condition other than mentioned above.
 - Discontinue use two weeks prior to surgery to decrease the risk of bleeding.
 - Do not use if you are allergic to any of the ingredients.
 - Do not exceed recommended dosage
 - This product is not intended to diagnose, treat, cure or prevent any disease.
 - Keep out of reach of children.
- 9. Interactions:**

Using this product with the type of medications below, may oppose or potentiate their effectivity.

- Anti-coagulants/blood thinners like warfarin (may decrease its effectiveness)
- Anti-hypertensives (potentiate)
- Anti-diabetics (potentiate/oppose)
- Lithium (oppose)
- Levodopa (oppose)
- Thyroid hormone (potentiate)
- Hyperthyroid medication (oppose)
- Stimulant drugs (potentiate)
- Antidepressants, (oppose/potentiate)
- Insomnia medication (oppose)

10. Pregnancy and lactation:

Do not use while pregnant or breast feeding.

11. Dosage and directions for use:

Begin with taking one (1) capsule in the morning, 30 minutes before breakfast or lunch or before training. Depending on your tolerance level, increase the dosage to two (2) capsules per day, each capsule taken 4-6 hours apart. *Do not take within 5 hours of bedtime.*

PSNLifestyle Meltdown Hardcore will be most effective when used for 4-6

12. Side effects:

Gastro-intestinal distress at high doses, dizziness, headaches, anxiety, flushing, heart palpitations, chest pain, high or low blood pressure or low blood sugar.

13. Overdose:

Abnormal high doses can cause gastro-intestinal distress, headaches, anxiety, heart palpitations, kidney damage, high blood pressure, confusion, dizziness, blackout, stroke, addiction.

14. Identification

This product is capsulated with PSN branded capsules.

15. Presentation:

This product is packed into a sealed black plastic container with black cap.

16. Storage instructions:

Store in a cool dry place below 25°C and keep out of reach of children.

17. Registration number:

This product has not been evaluated by the Medicines Control Council.